



SALLISAW PUBLIC SCHOOLS

Sallisaw High School Breakfast and Lunch Menu December 2023



Alternate Cereal, Oatmeal & Yogurt Bar available for
Breakfast Daily

Breakfast and Lunch Served with variety milk choice

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
|  | | !!! IMPORTANT !!! Please pay cafeteria charges weekly. |  December | |
| 27 | 28 | 29 | 30 | 1 |
| Biscuit and Gravy Fruit Juice, Milk | Pancake on a Stick Fruit Juice, Milk | Breakfast Pizza Fruit Juice, Milk | Breakfast Banana Split Toast Juice, Milk | Biscuit and Gravy Fruit Juice, Milk |
| Vegetable Beef Soup Cheese Stick Crackers Fresh Fruit and Vegetable Bar Cinnamon Roll Milk | Chicken Burrito Bowl Black Beans Corn Fresh Fruit and Vegetable Bar Milk | BBQ Baked Chicken Mashed Potatoes Glazed Carrots WG Hot Roll Fresh Fruit and Vegetable Bar Milk | Fish Sticks Pinto Beans French Fries Fresh Fruit and Vegetable Bar Chocolate Cake Milk | Corn Dog Broccoli and Cheese Fresh Fruit and Vegetable Bar Milk |
| Turkey Sandwich/Chips | Burrito/Veggie | Chicken Nuggets/Potato | Hamburger/FF | Pizza/Salad |
| 4 | 5 | 6 | 7 | 8 |
| Omelet, Bacon and Toast Fruit Juice, Milk | French Toast Sticks Fruit Juice, Milk | Sausage Biscuit Fruit Juice, Milk | Donuts Fruit Juice, Milk | Biscuit and Gravy Fruit Juice, Milk |
| Mr. Ribb Sandwich Baked Beans Corn Chips Fresh Fruit and Vegetable Bar Cookie Milk | Chicken Tortilla Soup Shredded Cheese Chips and Salsa Fresh Fruit and Vegetable Bar Milk | Salisbury Steak Mashed Potatoes and Gravy Biscuit Fresh Fruit and Vegetable Bar Milk | Hot Wings French Fries Sliced Bread and Butter Fresh Fruit and Vegetable Bar Ice Cream Milk | Baked Potato Bar "Fixins" Garlic Stick Fresh Fruit and Vegetable Bar Milk |
| Spicy Chicken Sandwich/Veggie | Taco Salad/Veggie | Chicken Nuggets/Potato | Hamburger/Wedges | Pizza/Salad |
| 11 | 12 | 13 | 14 | 15 |
| Biscuits and Gravy Fruit Juice, Milk | Pancake on a Stick Fruit Juice, Milk | Breakfast Pizza Fruit Juice, Milk | Loaded Omelet and Biscuit Fruit Juice, Milk | Biscuits and Gravy Fruit Juice, Milk |
| Crispito w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk | Christmas Dinner  | Chili Dog Shredded Cheese Fritos Fresh Fruit and Vegetable Bar Milk | Cheeseburger Lettuce, Tomato and Pickles Potato Wedges Fresh Fruit and Vegetable Bar Milk | Personal Pan Pizza Tossed Salad Fruit Ice Cream Milk |
| SAME | SAME | Chili Corn Dog/Fritos | Hamburger/Chips | SAME |
| 18 | 19 | 20 | 21 | 22 |
| *****CHRISTMAS BREAK December 18th - 29th***** | | | | |
| 25 | 26 | 27 | 28 | 29 |

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.